

Training Camp: Plan, Practice, Grow

Commitment is making a plan
and putting it into practice.



Talk About the Bible Story

Open the Bible together and read Matthew 6:9-13 or watch the video together on the Parent Cue app.

Engagement Questions

- **How do you pray to God?**
- Is it difficult to make time for prayer? Why or why not?
- How can you make a plan to pray and put it in to practice this week?

Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.

Scan the QR code
to get started



Prayer

“God, thank You for teaching us how to pray and then listening to every prayer we pray. We are so grateful that You listen to us and that You value what we have to say. We love You and we pray these things in Jesus’ name. Amen.”

MEMORY VERSE

“Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come.”

1 Timothy 4:8, NIV

Weekly Parent Cues —————>

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Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

As your kid starts their day, ask them how you can pray for them.



Meal Time

At a meal this week, have everyone at the table answer this question: "How do you pray to God?"



Drive Time

While on the go, ask your kid: "What is something you prayed about lately for yourself or someone else?" (And if there's nothing, ask if there is something you can both be praying about together.)



Bed Time

Pray for each other: "God, help us to remember that we can talk to You about everything. You are our best friend, and want us to tell you about everything that is on our hearts and minds."

More Ways to Engage with Your Kid

Faith & Character Activities



Worship Song of the Month



Download the Parent Cue app

AVAILABLE FOR APPLE AND ANDROID DEVICES



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